IN THE CLAIMS

Please amend the claims to read as follows:

(Amended) A plastic molded container comprising:

a bowl comprising an upper rim, a bottom and sidewall extending between the upper rim and the bottom,

the sidewall comprising a lower frustum section, a narrow mid-section, and an upper frustum section,

the lower frustum section connecting the bottom to the mid-section, the lower frustum section decreasing in width as the lower frustum section extends from the bottom to mid-section,

the upper frustum section connecting the upper rim to the mid-section, the upper frustum section decreasing in width as the upper frustum section extends from the upper rim to mid-section, and

the container being constructed such that it is capable of resisting permanent deformation when used in a hot fill or retort process.

Please add claims 21-25.

- 21. (New) The plastic molded container of claim 1, wherein the container is a blow-molded container and includes an oxygen barrier layer.
- 22. (New) The plastic molded container of claim 1, wherein the container is capable of withstanding retort conditions without significant residual distortion.

23. (New) The plastic molded container of claim 1, wherein said sidewalls comprise a plurality of layers, one of which is an oxygen barrier layer.

Sup 137 24.

(New) A plastic molded container comprising:

a bowl comprising an upper rim, a bottom and sidewall extending between the upper rim and the bottom,

the sidewall comprising a lower frustum section, a narrow mid-section, and an upper frustum section,

the lower frustum section connecting the bottom to the mid-section, the lower frustum section decreasing in width as the lower frustum section extends from the bottom to mid-section,

the upper frustum section connecting the upper rim to the mid-section, the upper frustum section decreasing in width as the upper frustum section extends from the upper rim to mid-section,

the container being constructed such that it is capable of resisting permanent deformation when used in a hot fill or retort process,

the container sidewall being made of blow-molded materials, and the container having at least one oxygen barrier layer.

25. (New) A plastic molded container comprising:

a bowl comprising an upper rim, a bottom and sidewall extending between the upper rim and the bottom,

the sidewall comprising a lower frustum section, a narrow mid-section, and an upper frustum section,

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the lower frustum section connecting the bottom to the mid-section, the lower frustum section decreasing in width as the lower frustum section extends from the bottom to mid-section,

the upper frustum section connecting the upper rim to the mid-section, the upper frustum section decreasing in width as the upper frustum section extends from the upper rim to mid-section,

the container having an overall diameter and a height, the diameter being greater than the height,

the container being constructed such that it is capable of resisting permanent deformation when used in a hot fill or retor process, and

the container sidewall having a plurality of layers, at least one of which is an oxygen barrier layer.